



Capital City Criterium

Brought to you by

Graviss McDonald's Restaurants



Saturday, September 13, 2008 in Beautiful Downtown Frankfort, Kentucky

More than \$6,500 in Cash and Prizes

McDonald's Bike Give-Away (register at McDonald's and be present to win one of 4 bikes to be given away— 2 children's bikes and one man's and one woman's road bike)... L.I.F.E. House pets for adoption (a portion of the race proceeds go to L.I.F.E. House)...and an exciting day of bicycle racing!

Time	Category	Length	Fee	Prize/Places	
9:00 a.m.	"Share the Road" rally starts in front of the Transportation Cabinet on Mero Street. Race registration opens, and course opens for warm-up.				
10:10 a.m.	McDonald's bike give-away				
10:30 a.m.	Citizens	20 minutes	\$15.00	Medals	3
11:05 a.m.	Kids Races <10 years	1 lap	Free	Medals	
11:25 a.m.	Men 4/5	30 minutes	\$25.00	\$400	8
12:10 p.m.	Women 1/2/3	40 minutes	\$25.00	\$700	7
	Women 4	40 minutes	\$25.00	\$300	3
1:05 p.m.	Juniors 17-18 LAJORS	30 minutes	\$10.00	\$75/medals	3
1:06 p.m.	Juniors 15-16 LAJORS	30 minutes	\$10.00	\$75/medals	3
1:50 p.m.	Juniors 13-14 LAJORS	20 minutes	\$10.00	\$75/medals	3
1:51 p.m.	Juniors 10-12 LAJORS	20 minutes	\$10.00	\$75/medals	3
2:25 p.m.	Masters 30-39	30 minutes	\$25.00	\$600	6
3:10 p.m.	Masters 40-49	30 minutes	\$25.00	\$600	6
	Masters 50+	30 minutes	\$25.00	\$400	4
3:55 p.m.	Men Cat 3/4	40 minutes	\$25.00	\$900	10
4:50 p.m.	Men Cat 1,2,3	50 minutes	\$25.00	\$1,300	13

Preregister at www.2wheelsports.com to avoid \$10 late fee!

Course Description: Course is a classic flat four-corner criterium course. Start-finish is in front of the Transportation Cabinet on Mero Street, and the half-mile course runs counterclockwise on portions of St. Clair, Clinton, and High streets.

- All USA Cycling rules apply. Free-lap rule is in effect. Lapped riders may be pulled at the officials' discretion. You must present a valid 2008 USA Cycling license at registration to enter any race. Only Category 5 men and Category 4 women who do not have a valid racing license may purchase a one-day license for \$10.00 at registration.
- Promoters reserve the right to shorten, modify, cancel, or combine any race or prize list in the event of insufficient entries or bad weather.
- Day of race registration opens at 9:00 a.m. and closes 15 minutes before the start of each race. There must be twice as many racers as there are places paid.
- Helmets are required.
- For more information see www.2wheelsports.com or contact woodsonsmith@gmail.com or fsteinb@mis.net



Capital City Criterium

Brought to you by

Graviss McDonald's Restaurants



Frankfort/Franklin County Tourist Commission
100 Capital Ave. • Frankfort, KY 40601



Promotioncycling.com

Peloton Sports Group

Held under USA Cycling event permit #2008-2273